



Start Date Tuesday 5th November

Come and join your fellow PC friends in the comfort of your home to prepare for your B test. If you are planning on taking your test next year or are just interested in finding out more and improving your knowledge, we can help you establish a clear understanding of the 2023 syllabus and provide you the motivation to study. These online sessions are designed to support your practical learning and enhance your understanding in a friendly environment – focusing on the theory behind the practical with use of videos and demonstrations as well as assessor input.

Cost: £65 for each block of 6 lessons - Payment required on booking. (there will be 3 blocks in total and each block can be booked separately. There is no commitment to complete all 3 blocks of lessons).

These online lessons will take place weekly on a Tuesday (during term time) at 7pm for 1-1 ½ hours.

Start of 1st 6-week block will be Tuesday 5th November

The B test exam in Area 14 will be arranged for the End of August 2025 giving members plenty of time to top up their practical training over the summer.

The sessions will be recorded, so if you cannot make it 'live' I can email you the recording to watch in your own time meaning you won't miss out on any of the content.

The course has been set up for Area 14 members, but we welcome all members from across the country.

To allow maximum engagement of learners group size will be restricted so don't delay in booking!

If you are interested in taking part or would like more information please WhatsApp 07771920396 or message me via my Facebook page.

<u>Sue Stevenson Equine Coach | Facebook</u> Bookings to be made via horse events

Block 1

Week	Topic	Detail
	Introduction	Introduction to the course and changes to the syllabus
4	SAFETY (Dismounted discussion)	Discuss best practice for maintaining the safety of yourself, your horse,
1	,	 a. and others when handling horses' year round 2) Explain how you would provide a safe environment for a horse fully or partially stabled or in the field
	WELFARE RESPONSIBILITIES	3) Talk about the mental and/or physical effects on horses of: a. Being underfed or overfed
	(Dismounted discussion)	b. Being unable to roll or exercise freelyc. Being unable to socialise with other horses
		d. Being in pain or unwell e. Being ridden in poorly fitting tack f. Not understanding what they are being asked to do
	WELFARE	Explain how the way that a horse is kept may affect their behaviour when ridden
	RESPONSIBILITIES (Dismounted	a. Stabled vs turned out b. With other horse's vs alone
2	discussion) continued	List three different behaviours that horses might show when they are uncomfortable or in pain
		6. List three behaviours that a horse might show if they are anxious or confused about what they are being asked to do; discuss how this could affect equestrianism's social licence to operate.
	TRAINING HORSES (Dismounted discussion)	7. Discuss the use of positive reinforcement (rewards – scratching, food, voice) and negative reinforcement (pressure and release) in training horses from the ground, with a focus on timing and consistency a. In the stable b. On the yard c. In the field
		 8. Discuss the importance of progressive training and read the horse's reactions to know when to ask for more (shaping) 9. Discuss some of the disadvantages of striking a horse with your hand (positive punishment) when training horses on the ground 10. Describe how you would train a horse to calmly accept a procedure such as clipping or administering a syringe of paste or an injection
	MANAGEMENT OF HORSES	11. Discuss, showing practical knowledge, the care and work of a horse kept at grass, including basic grassland management 12. Discuss, showing practical knowledge, the care and work of a horse,
3		who spends sometime in the stable and how to improve their environment 13. Discuss when trimming might be required and which parts of the
		horse you trim and which parts you would not trim. 14. Describe how to prepare a quiet horse for clipping, and how you would start to clip
		 15. Describe some of the subtle behaviours that a horse might display if they are stressed; consider facial expression, body stance, and movement 16. Describe some of the subtle behaviours that a horse might display if they are in pain; consider facial expression, body stance, and movement
4	FEEDING	Know the reasons for the rules of watering and feeding 18. Discuss the suitability of different forages for horses' individual needs 19. Explain what is meant by a balanced diet and how you can achieve it
5	FEEDING	 20. Discuss the total recommended weight of feed/day for a selection of horses and how that weight might be split between bulk (forage) and hard feed (concentrates) 21. Discuss what effect the feeds chosen will have on condition and behaviour
		22. Explain what issues may affect a horse's diet
6	Recap of block one	ZZ. ZAPIGIT WHAT IOOGO HAY AHOOT A HOTSO S GIOT
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Block 2

Week	Topic	Detail	
7	FITNESS	 23. Have a clear knowledge of exercise programmes that are suitable for horses who are grass kept, stabled kept or a combination of both 24. Describe a fitness programme and a daily/weekly plan for competitive horses aiming at Pony Club Area competitions 	
8	FITNESS	25. Discuss issues which might affect a horse's fitness programme	
9	CONFORMATION	26. Recognise good and poor conformation using the horse shown 27. Discuss how the horse's conformation may affect the horse's way of going	
10	BANDAGING AND TRAVEL	28. Put on a stable bandage and discuss when it might be used 29. Know the safety and roadworthiness requirements for horse boxes and trailers 30. Discuss the equipment to be taken to a competition 31. Know the legal requirements for equine passports 32. Discuss loading difficult horses, giving particular consideration to safety and welfare of both horses and people, and to equestrianism's social licence to operate	
11	FOOT AND SHOEING	33. Discuss foot balance 34. Describe how to remove a shoe 35. Discuss the advantages and disadvantages of working horses when they are shod versus unshod 36. Discuss the advantages and disadvantages of using studs	
12	Recap of block two and quiz		

Block 3

Week	Topic	Detail
13	Tack	37. Name the families of bits that are acceptable within Pony Club rules and explain their characteristics and actions
		38. Understand the impact different bits can have on a horse's way of going
14	Tack	39. Recognise various types of saddles, martingales, and boots and discuss their uses
		40. Comment on the fitting and safety of the saddle, bridle, martingale/breast plate, and boots on the horse provided
15	HEALTH AND FIRST AID	41. Identify the signs of good health and relate these to the horse shown to you; state the normal resting pulse rate, respiration rate, and temperature 42. Describe how to take the temperature 43. Describe the contents of a well-stocked equine first aid kit
		44. Describe how to manage minor wounds 45. Know when to call the vet and what information to give
		49. Discuss how to administer medicine in food
		54. Know the need for and timing of vaccinations and how these should be recorded
16	HEALTH AND FIRST AID	46. Understand the methods of worm control, and state the importance of regular testing for worms 47. Describe different methods of treating a horse to reduce worms
		48. Discuss why horses might be overweight or underweight
17	HEALTH AND FIRST AID	49. Describe how to identify which leg a horse is lame on 50. Know how to manage the most common causes of lameness in the foot 51. Describe and understand the significance of symptoms of colic, strangles, laminitis, azoturia (exertional rhabdomyolysis)
		52. Describe how to tub feet, apply poultices to the feet, and cold hose legs; know when and why these are done
	ENVIRONMENT	55. Discuss horse owners' responsibility towards the environment 56. Discuss how to discourage and control vermin around stables
18	Recap of block three and quiz	

Test notes:

- All content covered in lower tests may be reassessed in this test
- The items shown in bold are particularly important; competence in these items will be given emphasis by the assessor when considering the result .
- The C+ Test Care must be held before a candidate can take the B Test Care. If a candidate is over 18 years, following assessment, they may enter directly into the B Test.

Recommended Minimum age: 14 years

Felt Colours:

Riding + Horse and Pony Care sections: Red

Riding section only: Beige

Horse and Pony Care section only: Brown